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Prognostic Significance of Epstein-Barr Virus Association in Hodgkin's Disease

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THERE IS now strong evidence to suggest that Epstein-Barr virus (EBV) is involved in a proportion of cases of Hodgkin's disease (HD) [1–4]. Mixed cellularity HD (HDMC) is more likely to be EBV-positive compared with nodular sclerosis HD (HDNS), and, in addition, our data suggest that paediatric and older cases are more likely to be EBV-positive than young adult cases [2–4].

Despite improvements in the treatment of HD, there are still a number of cases with poor clinical outcome. In order to identify these cases and initiate alternative treatment regimes early in disease, we have previously devised a prognostic index. Since older age and HDMC as compared to HDNS have been associated with poor prognosis [6], we assessed the relationship between EBV-positivity and clinical outcome. The use of EBV-positivity in the prognostic index was also evaluated.

Paraffin-embedded sections from 59 HD cases (35 males, 24 females) diagnosed over a 13-year period (1976–1989) were investigated for the presence of EBV using immunohistochemical and *in situ* methods, as described previously [7, 8]. Cases of HD were considered EBV-associated if Reed-Sternberg (RS) cells expressed the EBV LMP-1 protein or EBER-1 RNA. We have found EBER-1 RNA *in situ* hybridisation to be the most reliable method of detecting EBV in HD tumours [7]. The series included 27 HDNS, 28 HDMC, 3 lymphocyte-predominant HD cases and 1 case of lymphocyte-depleted HD. 16 patients

had stage I, 13 stage II, 19 stage III and 11 stage IV disease. The prognostic indices were calculated on prospectively collected data, but do not include additional weighting for bulk disease, as this information was not available. Early stage disease was treated with radiotherapy alone. Later stage or bulky disease was treated with a four-drug regimen (chlorambucil, vinblastine, procarbazine and prednisolone), plus or minus radiotherapy. Minimum follow-up is 48 months.

21 cases were categorised as EBV-associated. The age distribution and histological subtype of the EBV-associated cases were in agreement with those of previous studies [2–4]. Using standard survival analysis techniques, there was no evidence of an association between EBV status and survival (hazard ratio = 0.56, 95% confidence limits 0.11–2.68) (Figure 1a, b).

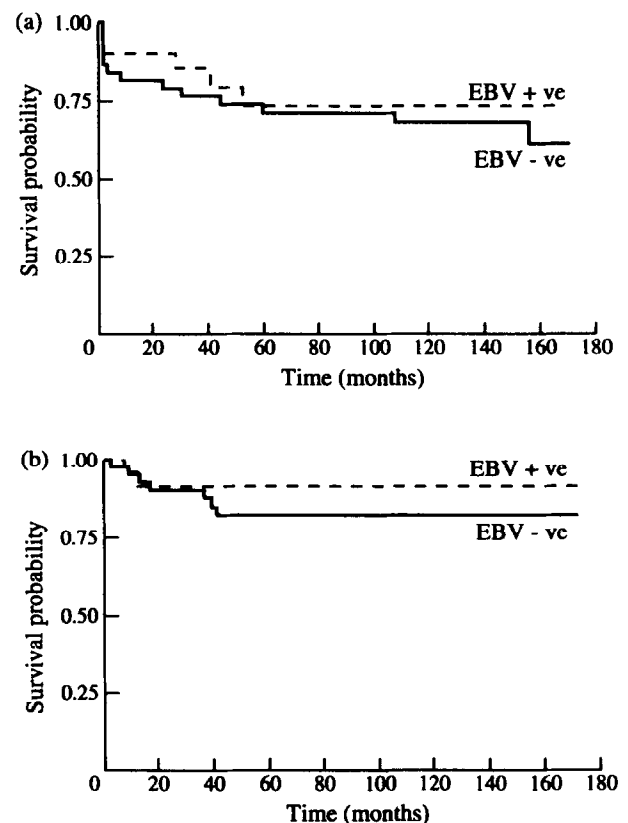


Figure 1. (a) Disease-free survival by EBV status. (b) Total survival by EBV status.

This observation applies to unadjusted analyses of the entire data set and was confirmed by analyses stratified by age and by age plus histological subtype. In addition, EBV status did not provide an improvement to the prognostic index in explaining survival. Our results are consistent with two recent studies which investigated the association between EBV status and clinical outcome, using immunohistochemical techniques and the polymerase chain reaction, respectively [9, 10].

This study provides no evidence to support the hypothesis that EBV-associated cases of HD have a less favourable clinical outcome than EBV-negative cases. We can conclude that the detection of EBV within RS cells in individual HD cases is not a clinically useful prognostic marker.

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